



Here are some of the events taking place as part of the centenary celebrations. There will be others, such as a fashion show of 100 years of swimwear. Keep an eye on the website, www.slsc.org.uk for updates.

CENTENARY EVENTS OPEN TO THE PUBLIC

Sunday 7 May	Triathlon (Solo) 10 lengths, 4 mile bike, 2 mile run
17 May – 16 July	Exhibition to celebrate the centenary of the Lido at Wandsworth Museum, The Courthouse, 11 Garratt Lane, Wandsworth, London SW18 4AQ
Sunday 21 May	Aquathlon (11 lengths, 3 mile run)
Wednesday 31 May	start of SLSC Summer Evening Aquathlon Series (see below)
Wednesday 7 June	Invitation Relay Gala 16 lengths – teams of four
28 – 30 July	DIVE-IN MOVIES A Tooting Bec Lido Centenary Celebration in association with Picturehouse Cinemas and Future Shorts.
Sunday 3 September	Aquathlon (11 lengths, 3 mile run)
Sunday 1 October	Triathlon (Relay) (10 lengths, 4 mile bike, 2 mile run)

SLSC Summer Evening Aquathlon Series

Wednesday 31 May	(11 lengths, 4 mile run)
Wednesday 14 June	(11 lengths, 4 mile run)
Wednesday 28 June	(11 lengths, 4 mile run)
Wednesday 12 July	(11 lengths, 4 mile run)

Supported by



COLD WATER SWIMMING CHAMPIONSHIPS

21–22 JANUARY 2006

Welcome to London and our beautiful Lido. And thank you for coming to help get this first ever UK cold water swimming championships off to a grand start. This event kicks off our centenary year, celebrating 100 yards for 100 years for both the Tooting Bec Lido and the South London Swimming Club. This is the largest fresh water pool in the UK and one of only five lidos surviving of the 50 that existed in London half a century ago. Our aim for this year is to celebrate both the history and the future of this Lido, and to encourage more people to enjoy the pleasures and benefits of regular swimming.

Open water swimming is enjoying a revival in the UK. At these championships are many who have swum coastal races and quite a few who have crossed the channel. We are delighted to welcome a team from the Serpentine SC, based in Hyde Park, the oldest open water club in England and one of their most illustrious members, Kevin Murphy, who has swum the English Channel 33 times. We are also delighted to welcome swimmers from Europe and North America and most particularly Mariia Yrjö-Koskinen and her family and friends from Oulu in Finland, whose annual Finnish Ice Swimming Championship was the inspiration for this weekend after 20 of our members participated last year.

This weekend's event is the first in our centenary year celebrations. We have more swim events in the summer on top of our regular year round Sunday morning race series. There's a fashion show in June showing off 100 years of swimwear. Coinciding with the anniversary date itself in July, we will be staging a three day open air film festival – **DIVE-IN MOVIES**. In this centenary year, we are grateful for the support of olympic swimmer Duncan Goodhew and our local patron, comedian Arthur Smith. For these championships, there is no charge for spectators, all are welcome, but you can make a voluntary contribution if you wish.

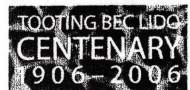
Finally, I would especially like to thank our partners, Wandsworth Council who own this public pool, and DC Leisure, who run it. And a big thank you to all those dedicated club members and other volunteers who have organised the whole event.

Now, clothes off, and ENJOY.

Finbarr Martin, SLSC President



SOUTH LONDON
SWIMMING CLUB



COLD WATER SWIMMING CHAMPIONSHIPS 2006

All swimmers to start in the water.

Heats may include more than one age group.

One age group may have several heats.

Placings will be based on times.

SATURDAY 21 JANUARY 2006

10am Opening ceremony

Swimmers:

Maisie Michell

Margaret Howard

Rupert Penry-Jones

Kevin Murphy

Mick Bean

Sakari Yrjö-Koskinen

followed by:

Old English Backstroke 33 yards

6 heats: men and women, including age groups 80+ to 30-39

10.35am Breaststroke 33 yards

22 heats: men and women, including age groups 80+ to 16-19

11.48am Backstroke 33 yards

7 heats: men and women, including age groups 60-69 to 20-29

12.16am Frontcrawl 66 yards

23 heats: men and women, including age groups 70-79 to 16-19

SUNDAY 22 JANUARY 2006

10am Opening ceremony

Teams:

Arthur Smith's Relay

Serpentine SC Channel Swimmers Relay

SLSC Channel Swimmers Relay

followed by:

Breaststroke relay 4 x 33 yards

3 heats: mixed teams including combined ages 101-150, 151-200 and 200+

10.38am Medley relay 4 x 33 yards

4 heats: mixed teams including combined ages 101-150, 151-200 and 200+

11.16am Freestyle relay 4 x 33 yards

7 heats: mixed teams including combined ages 0-100, 101-150, 151-200 and 200 +

Janet Smith, author of *Liquid Assets, the lidos and open-air swimming pools of Britain*, published July 2005 by English Heritage, will be signing copies of the book on both Saturday 21 and Sunday 22 January.